Central High School
Panther Café-March 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	2 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Cheese Lasagna	3 No School
6 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll	7 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Bosco Sticks w/sauce	8 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Nuggets w/roll	9 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Mexi Mac & Cheese	10 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Noodle Casserole
13 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Meat Spagetti w/roll	14 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Bosco Sticks w/sauce	15 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Bacon Cheese Burger w/tots	16 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	17 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza 3 c's
20 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	21 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Hot Dog w/tator tots	22 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	23 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Meat Spaghetti	24 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll
27 No School	28 No School	29 No School	30 No School	31 No School

This institution is an equal opportunity provider.

Low fat Milk and a Trip thru our Fresh Salad Bar is also included with the Meal

Did You Know?

Pizza: We will be offering different fresh baked daily choices.

Meat Soft Taco: Protein choices will be fresh made refried beans, fajita chicken, or seasoned ground beef

Bento: Fresh cooked vegetables, with chicken and your choice of Sweet and Sour Sauce or Teriyaki Sauce

Grill: Hamburger, Cheeseburger and our **new** Fire Chicken Sandwich

Deli: Whole wheat fresh baked deli bread with choice of protein and vegetable

Home Style: Our daily choice for new items

MENU SUBJECT TO CHANGE