



Central High School Panther Café-Feb. 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	2 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza 3 C's	3 No School
6 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll	7 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Carne Asada Taco w/rice	8 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Bosco Sticks	9 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Mexi Mac & Cheese	10 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken on Fire w/tots
13 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Meat Spagetti w/roll	14 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Bosco Sticks	15 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Turkey Mashed w/roll	16 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	17 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza 3 C's
20 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	21 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Hot Dog	22 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	23 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Meat Spaghetti	24 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll
27 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Spaghetti w/Meat Sauce	28 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla			

This institution is an equal opportunity provider.

Low fat Milk and a Trip thru our Fresh Salad Bar is also included with the Meal

Did You Know?

Pizza: We will be offering different fresh baked daily choices.

Meat Soft Taco: Protein choices will be fresh made refried beans, fajita chicken, or seasoned ground beef

Bento: Fresh cooked vegetables, with chicken and your choice of Sweet and Sour Sauce or Teriyaki Sauce

Grill: Hamburger, Cheeseburger and our **new** Fire Chicken Sandwich

Deli: Whole wheat fresh baked deli bread with choice of protein and vegetable

Home Style: Our daily choice for new items

MENU SUBJECT TO CHANGE