



Talmadge Middle

Cougar Café-Feb. 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Meat Soft Taco Grill w/fries Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	2 Nacho Bar Grill w/fries Deli Bar w/chips Fresh Baked Pizza 3 C's	3 No School
6 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll	7 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Chicken Nugget	8 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	9 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Spagetti w/Meat Sauce	10 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
13 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza 3 C's	14 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Bosco	15 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Turkey Mashed w/roll	16 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Meat Spagetti	17 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
20 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Fish Nuggets	21 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Hot Dog	22 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	23 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll	24 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
27 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Spaghetti w/Meat Sauce	28 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Cheese Lasagna			

This institution is an equal opportunity provider.

Low fat Milk and a Trip thru our Fresh Salad Bar is also included with the Meal

Did You Know?

Pizza: We will be offering different fresh baked daily choices.

Meat Soft Taco: Protein choices will be fresh made refried beans, fajita chicken, or seasoned ground beef

Grill: Hamburger, Cheeseburger and our **new** Grilled Chicken Sandwich

Deli: Whole wheat deli bread with choice of protein and vegetable

Home Style: Our daily choice for new items

Enjoy our new Signature Sandwich as well Spicy Italian or freshly made tuna as well.

MENU SUBJECT TO CHANGE