



Talmadge Middle

Cougar Café-Jan. 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 Nacho Bar Grill w/fries Deli Bar w/chips Fresh Baked Pizza Beef Mac and Cheese	4 Meat Soft Taco Grill w/fries Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	5 Nacho Bar Grill w/fries Deli Bar w/chips Fresh Baked Pizza Beef Steak and Roll	6 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
9 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Bacon Cheese Burger w/tots	10 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Chicken Nugget	11 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	12 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Chop and Chips	13 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
16 No School	17 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Bosco	18 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Turkey Mashed w/roll	19 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Meat Spagetti	20 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
23 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Fish Nuggets w/roll	24 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Hot Dog	25 Soft Taco/Taco Salad Grill Deli Bar w/chips Fresh Baked Pizza Sloppy Joe w/tator tots	26 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Baked Chicken w/roll	27 Meat Soft Taco Grill w/tots Deli Bar w/chips Fresh Baked Pizza Taco Salad
30 No School	31 Nacho Bar Grill Deli Bar w/chips Fresh Baked Pizza Cheese Lasagna			

This institution is an equal opportunity provider.

Low fat Milk and a Trip thru our Fresh Salad Bar is also included with the Meal

Did You Know?

Pizza: We will be offering different fresh baked daily choices.

Meat Soft Taco: Protein choices will be fresh made refried beans, fajita chicken, or seasoned ground beef

Grill: Hamburger, Cheeseburger and our **new** Grilled Chicken Sandwich

Deli: Whole wheat deli bread with choice of protein and vegetable

Home Style: Our daily choice for new items